

What does close contact mean?

Close contact means being within six feet, for a long time, of someone who is diagnosed with COVID-19 during their infectious period, which starts two days before any symptoms began and continues until they are recovered. Read [what to do if you're a close contact of someone with COVID-19](#). Close contact does not mean: being more than six feet away in the same indoor environment for a long period of time, walking by, or briefly being in the same room.

EXAMPLES OF CLOSE CONTACTS	EXAMPLES OF NOT CLOSE CONTACTS
You live in the same home	You were their cashier at the grocery store
You are intimate partners	You are a pharmacist who gave the person medication
You rode in the same car while the person was infectious	You were in front of the person in line at the store
You had dinner together while the person was infectious	You're a coworker who briefly walked by to ask a question

If you are a close contact of a person who tested positive for COVID-19, you should:

- Call your health care provider and
- Call the Vermont Department of Health at 802-863-7240.

For those who have tested positive for COVID-19, the Health Department is looking into possible travel or exposure history and identifying anyone with whom they have had close contact. They will be assessed for their exposure risk and given health guidance. Where appropriate, they will receive recommendations for self-isolation or other

restrictions. For the purpose of identifying close contacts, the infectious period starts two days (48 hours) before any symptoms began and continues until the person has recovered.

Someone has recovered from COVID-19 when all three have happened:

1. It's been three full days of no fever without the use of fever-reducing medication, and
2. Other symptoms have improved, and
3. At least seven days have passed since symptoms first appeared.