

Strategies & Skills

“Remember learning to ride with no hands?” Beers writes. “That’s a skill; it’s the end product of a lot of practice. Getting to that skill, you might need a strategy such as learning to balance the bike by shifting your weight, not by maneuvering the handlebars. The strategy takes you to the skill.”

(Beers, 2002)

Click the picture to see a video about the difference between knowledge and understanding



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